



## Fall 2022 GeneSight Mental Health Monitor

# Gap on the Front Line of Mental Health Care



More than

**83**

%

of primary care clinicians (PCPs) **wish more patients would tell them** what's going on with their mental health.

**yet**

More than

**half**

of surveyed clinicians **don't think their patients are aware** that PCPs and nurse practitioners (NPs) are fully trained to diagnose and treat mental health conditions.



“

*It would be great if patients knew it was ok to bring up their concerns. However, it's also my responsibility to ask the right questions – either by having my patient complete a depression screening or just asking them myself*

- Michele Long, Nurse Practitioner in Lancaster, Ohio

”

Only

**1 in 4**

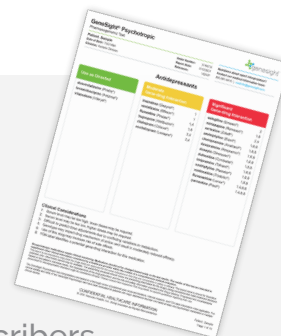
patients say they have ever **received a depression screening from their PCP.**



Only

**18** %

of responding prescribers in primary care **use an available tool like pharmacogenomic testing** to help inform their mental health medication treatment plan.



Learn more

