

Tips for Talking to Your Healthcare Provider About the GeneSight® Psychotropic Test

A good patient-clinician relationship should work like a partnership. Take an active role in finding the solution that works best for you.

Here are some tips to help you build a partnership with your doctor to get the genetic insights that may be helpful in your treatment. Start the conversation about the GeneSight Psychotropic test today.



Be Prepared

Take along any information the doctor or staff may need to see, like names and contact information of your past/other clinicians, records showing past medications or current medications for other conditions or dietary supplements and this *GeneSight Doctor Discussion Guide*.



Be Open and Confident

Don't be afraid to share how your current depression treatment is working for you and where it may be falling short.



Bring a Friend

The support of a friend or family member can help facilitate the conversation with your doctor and help act as a co-advocate for your care at your next appointment.



Discuss Ordering the Test

If you are interested in the GeneSight test, discuss whether you might be a good candidate with your doctor. If your provider decides to order the test for you, they will receive your results and can review them with you during an appointment.

Use these tips to prepare for your visit and share the accompanying materials with your doctor.

Preparing For Your GeneSight® Test Discussion.

First and foremost, remember that your doctor is on your side. You both want what's best for you, and helping you successfully manage your depression is everyone's top priority. So just be open and honest.

To make the most of your time spent with your doctor, take a moment to list your current and past depression medications, as well as your concerns about them. Prior to your appointment, please request and bring along any prior medical records from other doctors you may have seen in the past.

List the depression medications you have been prescribed in the past and/or are currently taking.

What side effects (if any) are you currently experiencing?

Five things to know about the GeneSight test:

- ☐ The results of the test can inform your doctor about genes that may impact how you metabolize or respond to certain depression medications.
 - ☐ The GeneSight test is intended to supplement other information considered by a doctor within the context of a comprehensive medical assessment.
 - ☐ More than two million people have taken the GeneSight test.
 - ☐ After we receive your sample, your doctor will typically get test results within 2 days.
 - ☐ Many healthcare plans, including Medicare, cover the GeneSight Psychotropic test. There is no cost to the provider to administer the test and we offer the GeneSight Promise for patients.
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For your healthcare professional

To order the GeneSight test, contact our sales team through genesight.com/take-the-next-step. For more information or to see if the GeneSight test is right for your patient, call our medical information team at **855.891.9415** or visit our website, [GeneSight.com](https://genesight.com).

GeneSight® Healthcare Professional Quick Guide

Your patient has downloaded these materials to help facilitate a discussion with you about potentially using the GeneSight test to inform their treatment.

What is the GeneSight® Psychotropic test?

- ✓ The GeneSight test is a pharmacogenomic test that analyzes clinically important genetic variations that may impact how your patient metabolizes and responds to certain medications.
- ✓ The clinical validity, clinical utility, and economic utility of the GeneSight® Psychotropic test have been evaluated in multiple published, peer-reviewed clinical trials. It is the only psychiatric pharmacogenomic test backed by such extensive research.

**Become a registered
GeneSight user today.**

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For more information on GeneSight Psychotropic clinical trials, visit:


<https://genesight.com/for-clinicians/>

The GeneSight® test has been ordered by more than 37,000 healthcare professionals.

The GeneSight test is intended to provide a healthcare provider with genetic information to help inform their medication selection for a patient. Since genetic insight is only one part of the puzzle, healthcare providers must also take into consideration their patient's entire clinical profile to determine medication treatment.

The GeneSight report can help you understand your patient's unique genetic profile and inform your clinical assessment.

Clinical considerations to inform understanding



GeneSight® Psychotropic
Pharmacogenomic Test


Patient, Sample
Date of Birth: MM/DD/YYYY
Cholesterol: Sample Cholesterol

Order Number: 0000000
Report Date: MM/DD/YYYY
Reference: 0000000



Questions about report interpretation?
Contact our Medical Information team:
855.931.5415 | medinfo@genesight.com

Patient Genotypes and Phenotypes

Pharmacokinetic Genes



provide information on how
s, or breaks down, medications

GeneSight® Psychotropic Pharmacogenetic Test				Extensive (Normal) Metabolizer Normal with the extensive (normal)	
Patient, Sample		Order Number: 000000	Questions our geneticist can answer?		
Date of Birth: MM/DD/YYYY		Report Date: MM/DD/YYYY	Contact our Medical Information team:		
Client: Sample Clinic		Reference: 000000	855.881.9415 info@genesight.com		
			Extensive (Normal) Metabolizer Normal with the extensive (normal)		
<h2 style="text-align: center;">Patient Genotype and Phenotypes</h2>					
<div style="display: flex; justify-content: space-between; align-items: center;"> <div> Pharmacodynamic Genes </div> <div>  </div> </div>					
ADRA2A C/C	Moderately Reduced Response	HTR2A G/G	Increased Sensitivity	Extensive (Normal) Metabolizer Normal with the extensive (normal)	
<p>This patient is homozygous for the C allele of the 1291G-C polymorphism in the adrenergic alpha-2A receptor gene. This genotype suggests a moderately reduced response to certain ADHD medications.</p>		<p>This individual is homozygous variant for the G allele of the 1438G-C polymorphism for the Serotonin Receptor Type 2A. They carry two copies of the G allele. This genotype has been associated with an increased risk of adverse drug reactions with certain selective serotonin reuptake inhibitors.</p>		Extensive (Normal) Metabolizer Normal with the extensive (normal)	
HAA-13191 A/T	Higher Risk	SLC6A4 S/S	Reduced Response	Intermediate Metabolizer Reduced (Reduced) with the intermediate (normal)	
<p>This patient is heterozygous for the A allele and the T allele of the rs1042392 A/T polymorphism indicating presence of the HAA-13191 allele or carrier HAA-13191 allele. This genotype suggests a higher risk of serious hypersensitivity reactions, including Stevens-Johnson syndrome (SJS), toxic epidermal necrolysis (TEN), maculopurpuric eruptions, and Reiter's Reaction with Esophagitis and Systemic Symptoms, when taking certain mood</p>		<p>This patient is homozygous for the short promoter polymorphism of the serotonin transporter gene. The short promoter allele is reported to decrease expression of the serotonin transporter compared to the long promoter allele. The patient may have a moderately decreased level of response to selective serotonin reuptake inhibitors due to the presence of the short form</p>		<p>It may have had reduced enzyme activity with the normal phenotype.</p>	

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